

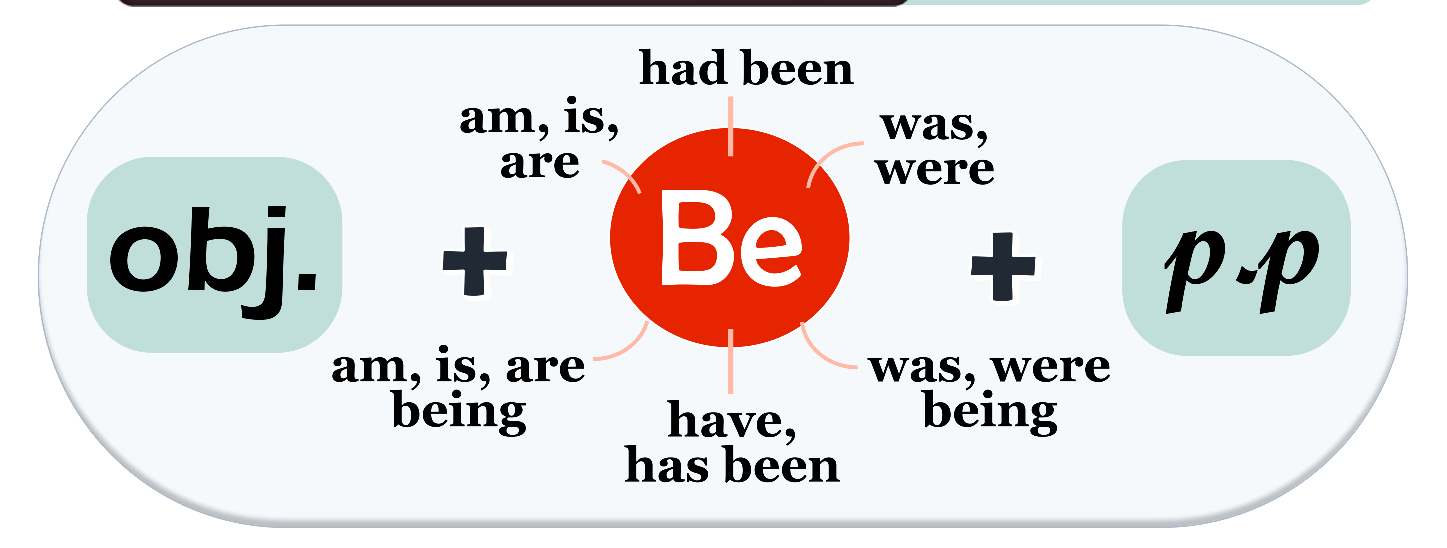
Lecture 2

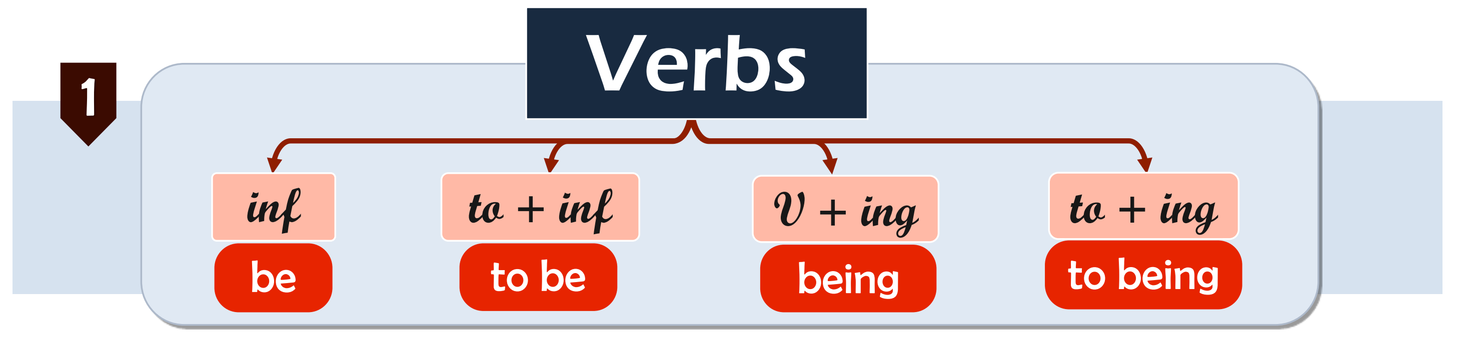
UNITS 3 & 4

MOHAMED SALAH

01003183500-01154456772

Passive Verbs المبني للمجهول





- **Let** me **be** taught by Ahmed.
- **Allow** me **to be** taught by Ahmed.
- I **enjoy** **being** taught by Ahmed.
- I **adapted** **to being** taught by Ahmed.



- Mum let my little brother play outside.
- My little brother ~~was let~~ / **was allowed** to play outside.



- Did you know that a thief .... yesterday?

لو ملاقتش be خد get

(was arresting - arrested - has been arrested - got arrested)

4

مين ؟

لو ملاقتش مين ال تم عليه الفعل يبقى الجملة مبنية للمجهول

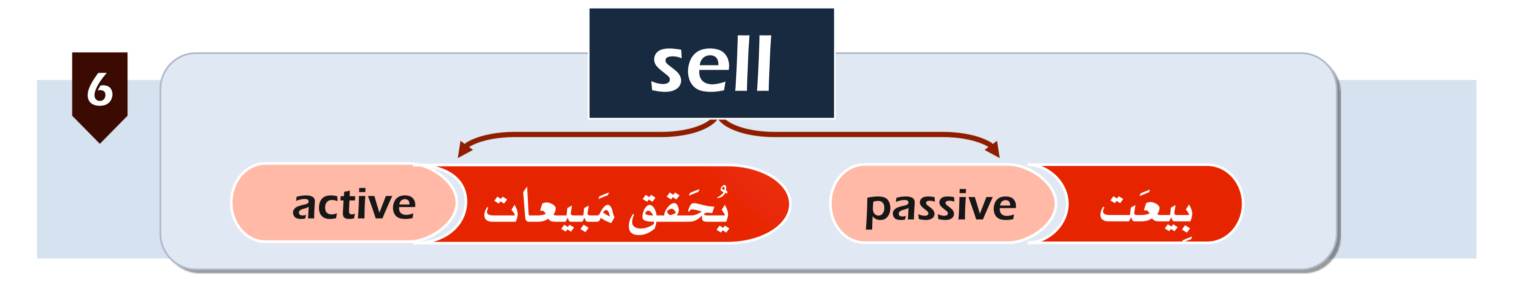
- My father ……..….. (teach - was taught) Ali to drive on Fridays.
- Ali ……...….(teach - is taught) to drive on Fridays.
- People ………… (know - is known) that Ali is clever.
- Ali ………… (know - is known) to be clever.

5

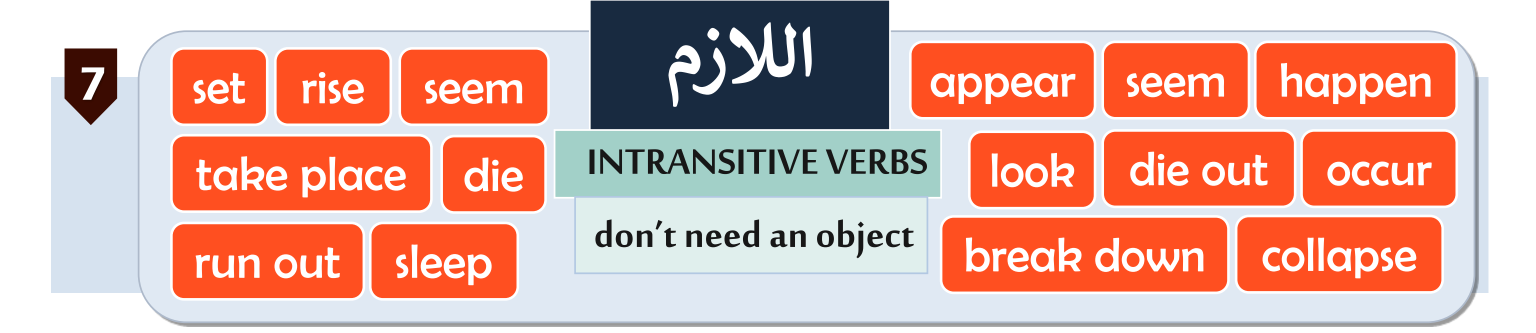
see | hear | make | watch | notice

- active
  - inf (كُل)
  - V + ing (جزء)
- passive
  - to + inf
  - V + ing

- Mona watched her mother (cook / cooking) for a while then she left.
- Mona watched her mother (cook / cooking). Now she is able to make us a meal.
- Heba made her sister (clean / to clean) the room this morning.
- She was made (clean / to clean) the room this morning.



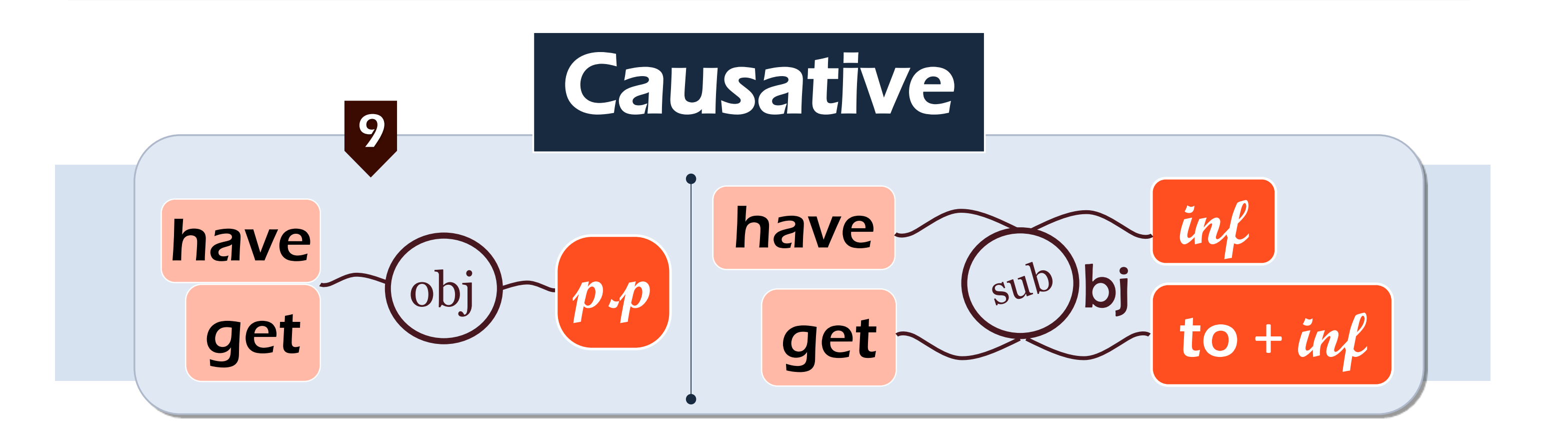
- Ahmed Mourad's lattest book (has been sold - has sold) in the National Book Fair.
- Ahmed Mourad's lattest book (has been sold - has sold) **million copies** in our city.



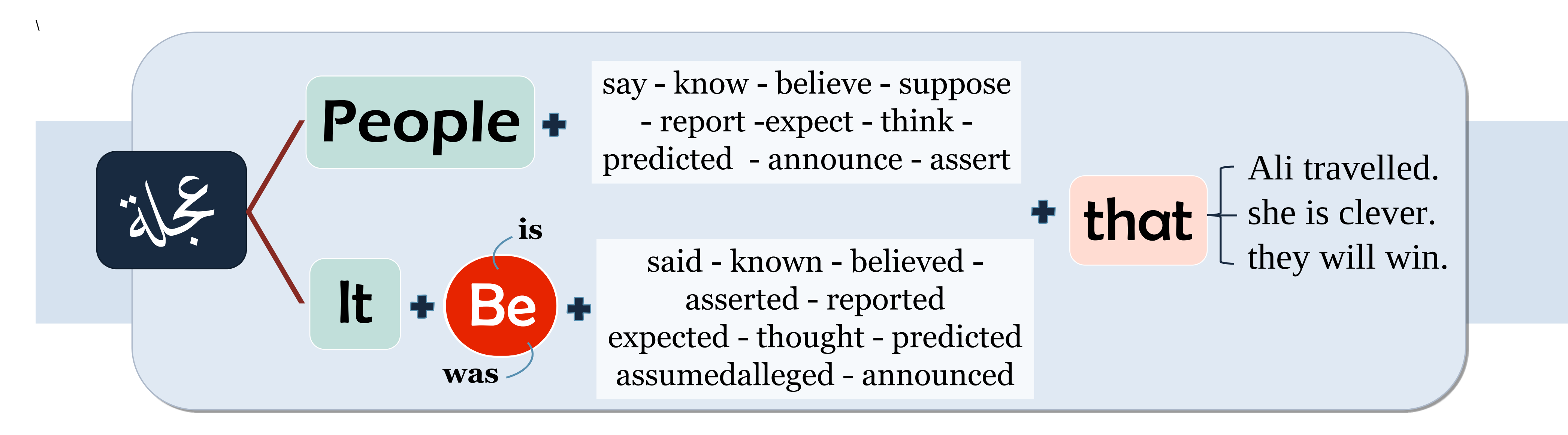
- Last week, a graduation party **took place** at our university.
- Last week, a graduation party ~~**was taken place**~~ at our university.



- The lecture ,**given = which was given** by Mr Mohamed, was perfect.
- The audience ,**listening = who listened** to the album, were amazed.



- Our neighbours **got their house decorated** last week.
- Parents **get their children to limit** the amount of time they spend on their mobile phones. (get = persuade)
- My mother **has me do** the shopping every week. (has = force)



- **It is reported** that an accident took place on the Ring Road.

He, Egypt, They, She → **Obj**

Present (is, are, am / has been, have been) → said - believed, expcted- know, suggested, asserted → *to + inf* / to + have + *p.p*

Past (was, were / had been) → to + have + *p.p*

- **The play is suggested to be cancelled** because the leading actor is ill.
- After her husband was died, **She was thought to have suffered** from amnesia.

Necessity



outside obligation

Present

It is necessary

- It is **necessary** / **a necessity** / **a must** to +*inf.*

have / has to | **need/s to**
have / has got to +*inf.*

- You're dying, you **have to** see a doctor.

Past

It was necessary

- It was **necessary** / **a necessity** / **a must** to +*inf.*

had to
needed to +*inf.*

Future

It will be necessary

- It will be **necessary** / **a necessity** / **a must** to +*inf.*

will have to
will need to +*inf.*

---

must

had to (past)

ألزام داخلي

- **strong advice**
  - You look ill, you **must** see a doctor.
- **strong reminder** الضمير
  - I **must** visit my grandpa tomorrow.
- **warm invitation** غرباوي
  - You **must** pay us a visit.
- للشكوي
  - **Must** you speak loudly all the time?

should

ought to / **should** / **had better**

- **advice**
  - You look tired, you **should** see ..
- **opinion**
  - I think you **should** wear this shirt.
- **suggestion**
  - You **should** watch this movie.

Necessity

لا يوجد داعي

Present

It is not necessary

- It is not **necessary** / **a necessity** / **a must** to +*inf.*

don't/doesn't have to

haven't/hasn't got to

needn't +*inf.*

Past

It was not necessary

- It was not **necessary** / **a necessity** / **a must** to +*inf.*

didn't have to

didn't need to

كان لا يوجد داعي ولم أفعل

needn't have +*pp.* but I did

كان لا يوجد داعي ولكن فعلت

Future

It won't be necessary

- It won't be **necessary** / **a necessity** / **a must** to +*inf.*

won't have to

won't need to

---

mustn't

it's against the law

it's prohibited

ضد القوانين

it's forbidden

ممنوع

محرم

it's banned

it's not allowed

it's illegal

- We **mustn't** smoke at the hospital.

---

should have

ought to have +*pp.* but I didn't

كان يجب ولكن لم أفعل

shouldn't have

oughtn't to have +*pp.* but I did

كان لا يجب ولكن فعلت

Necessity ?

Present

Is it necessary?

- Is it **necessary** / **a necessity** / **a must** to +*inf.* ?

Do / Does Sub **have to** +*inf.* ?

Have / Has Sub **got to** +*inf.* ?

Do / Does Sub **need to** +*inf.* ?

Past

Was it necessary?

- Was it **necessary** / **a necessity** / **a must** to +*inf.* ?

Did Sub **have to** +*inf.* ?

Did Sub **need to** +*inf.* ?

Future

Will it be necessary?

- Will it be **necessary** / **a necessity** / **a must** to +*inf.* ?

Will Sub **have to** +*inf.* ?

Will Sub **need to** +*inf.* ?

Can & Could

possibility

- It **can / could** be very cold here in winter. It **is** possible
- It **could** be very cold here in the last winter. It **was** possible

permission

- You **can / could** use my car **tomorrow**.
- You **could** use my car **yesterday**.

Request

- **Can** I use your mobile phone? ✓
- **Could** I use your mobile phone? ✓✓
- **May** I use your mobile phone? ✓✓✓

Suggestion

- We **can / could** go to the cinema **tomorrow**.
- We **could** go to the cinema **yesterday**.

Ability

- When I **was** young I **could** run fast.
- **Now** I **can't** run fast.

Could have + *pp.* كان في استطاعتي ولكن لم أفعل

- I **could have got** high marks, but I didn't.

may have / **Could have** / **might have** + *pp.* = ممكن not sure

- There is some drops of water, it **could have rained**.

Couldn't have + *pp.* لا يمكن

- You **couldn't have seen** Salma. She was in Germany.

صعوبة

Be
- **able to** + *inf.*
- **capable of** + *ing.*
- **manage to** + *inf.*
- **succeed in** + *ing.*

Regret / Blame

should have / **ought to have** + *pp.*

- You **should have slept** early.

shouldn't have / **oughtn't to have** + *pp.*

- You **shouldn't have** missed the train.

suggest / **recommend** / **insist**

Verb + *ing.*

- I suggest **studying**.

فاعل + **should** + *inf.*

- I suggest you **should study**.

فاعل + *inf.*

- I suggest you **study**.

How to make a suggestion ?

- **Let's** + *inf* !
- **Shall we** + *inf* ?
- **I think you should** + *inf* .
- **It would be nice to** + *inf* .
- **It's a good idea to** + *inf* .
- **I advise you to** + *inf* .
- **If I were you, I would** + *inf* !

- **What about** + *ing* ?
- **How about** + *ing* ?
- **I suggest** + *ing* .
- **I recommend** + *ing* .
- **Have you considered** + *ing* ?
- **Have you thought about** + *ing* ?



Grammar 1

Choose the correct answer:

1. Most students ……..at public schools.
   a) teach b) teaches c) teaching d) are taught

2. ……….. with your school homework?
   a) Do you help b) Does he help c) Are you helped d) Is he helped

3. These birds ………… Right now.
   a) are feeding b) are being fed c) feed d) are fed

4. ………. how to make a cake?
   a) Is Sama being taught b) You teaching Sama c) Is Sama being teaching d) You teaching Sama

5. When……….?
   a) are you delivering the report b) is the report being delivering c) you are delivering the report d) is the report delivering

6. He might………. . I haven't seen him after his quarrel with the manager.
   a) fire b) be firing c) have fired d) have been fired

7. You needn't …………….. any medicine. You are all right.
   a) to give b) be giving c) be given d) have given

8. He is likely to ………. for the job. He is the best applicant.
   a) choose b) be chosen c) be choosing d) to have chosen

9. I'd like this point……...for me.
   a) To explain b) to be explained c) be explaining d) having explained

10. I remember………… to Paris when I was ten.
    a) to take b) taking c) having taken d) being taken

11. I remember my father……… me to Paris when I was ten.
    a) to take b) taking c) having taken d) being taken

12. This large villa……..by my uncle.
    a) had b) is having c) is owned d) owned

13. Elderly people ……….. cruelly.
    a) should have treated b) should be treating c) shouldn't treat d) shouldn't be treated

14. Doctors...........to do their best in case of emergency.
    a) are asking b) are asked c) have asked d) asked



15. We don't know when earthquakes happen. They……. predicted.
a) were b) have been c) had been d) can't be

16. It………. that an accident took place on the Ring Road.
a) reported b) had reported c) reports d) has been reported

17. Since the bridge…….. it will help the traffic flow.
a) completed b) has been completed c) is completing d) completes

18. In many countries, the wind…….. to generate electricity.
a) used b) using c) use d) is used

19. Fossil fuels……….. from animals and plants that lived millions of years ago.
a) come b) comes c) are coming d) were come

20. The film ………..only to the newcomers.
a) shows b) Shown c) were showing d) is shown

21. In summer, more ice cream…….. than in winter.
a) eats b) is eaten c) is eating d) eat

22. Fresh milk…….. to homes every morning.
a) is delivered b) is delivering c) deliver d) delivers

23. These motorbikes……….. in China. They are from the USA.
a) don't make b) are made c) aren't made d) isn't made

24. ………. this building used any longer?
a) Is b) Are c) Does d) Do

25. Cars ……… from our street. The police arrested some thieves
a) often steal b) stole often c) were often stolen d) didn't often steal

26. Our cat ……… by my sister.
a) usually is fed b) is usually fed c) usually feeds d) is usually feeding

27. Yehia Haqi………. of as the father of the Egyptian modern short story and novel.
a) still is thinking b) still is thought c) is still thought d) is still thinking

28. I don't like ………. at.
a) people laughing b) having laughed c) people laughed d) being laughed

29. The play is suggested to ………. because the leading actor is ill.
a) being cancelled b) cancel c) have cancelled d) be cancelled

30. Sama was angry because she……….to his friend's party.
a) didn't invite b) hasn't invited c) wasn't invited d) hadn't invite



31. The book ………. Well.
   a) is to have revised b) is to be revised c) is to revise d) is to be revising
32. The Nubian Museum……..by most tourists.
   a) is loving b) is being loved c) is loved d) loves
33. It……… that an accident took place on the Ring Road.
   a) had reported b) has been reported c) reported d) reports
34. The former newspaper boy ………….. to a new neighbourhood.
   a) has sent b) had sent c) was sent d) was sending
35. They report that two people …………. in the explosion.
   a) have killed b) are to kill c) were killed d) killed
36. Before the rabbit ……….,it had eaten half the carrots in the garden.
   a) had caught b) was caught c) was being caught d) caught.
37. ……….. they will arrive in time for dinner.
   a) They are expected b) It is expected that c) They can't be expected d) It is expecting
38. He……….. to make a lot of money.
   a) has known b) is known c) knows d) is knowing
39. …………..to have financial problems.
   a) It is reporting b) It reported c) They are reported d) It is reports
40. This film……. for more than thirty years.
   a) has known b) knew c) has been knowing d) has been known
41. The lady………… of the murder is thought to be innocent.
   a) Suspects b) is suspected c) suspected d) was suspected
42. "I had fish for lunch yesterday." What does this mean?
   a) Fish was had by me yesterday.
   b) Fish was eaten by me yesterday.
   c) Fish ate me yesterday
   d) Fish had me yesterday.
43. "Who welcomed you at the airport?" What does this mean?
   a) Who you welcomed at the airport?
   b) Who did you welcome at the airport?
   c) Whom did you welcome at the airport?
   d) By whom were you welcomed at the airport?
44. "Menna was visiting Esraa at nine." This means …….
   a) Esraa was being visited by Menna at nine
   b) Esraa was visiting Menna at nine
   c) Esraa had been visited by Menna at nine.
   d) Esraa has been visited by Menna at nine.



45. "I haven't been told my exam results yet." This means …..
   a) I haven't told my exam results yet.
   b) I have never told my exam results yet
   c) my exam results have been told to me yet
   d) my exam results haven't been told to me yet.
46. "He called me after finishing the report." What does this mean?
   a) He had finished the report before he called me.
   b) Having finished the report, he called me.
   c) The report had been finished before he called me.
   d) b&c
47. "Sama has given me some popcorn." This means .
   a) I was given some popcorn by Sama.
   b) I have been given some popcorn by Sama.
   c) Some popcorn has been given to me.
   d) b&c
48. "The car that the mechanic repaired was mine," What does this mean?
   a) The car repaired by the mechanic was mine,
   b) The car repairing by the mechanic was mine
   c) The mechanic repaired the car was mine.
   d) The mechanic repairing the car was mine
49. "I believed that Sama ate too much." This means that…
   a) It believed that Sama ate too much.
   b) Sama was believed to have eaten too much.
   c) Sama believes that I ate too much.
   d) I was believed by Hasnaa to have eaten too much
50. The man is……… right now. He has a severe headache.
   a) examines b) is examining c) being examined d) been examined
51. …………in the arm by a Scorpion, I felt great pain.
   a) Stung b) Stinging c) Having stung d) Been stung
52. ……..by most people, he was elected for a third time.
   a) Loved b) Being loved c) Loving d) a&b
53. The old man…….. to cross the busy road.
   a) is being seen b) has seen c) has been seen d) sees
54. My guests ……….. a big launch. They like my mother's food.
   a) have been made have made c) are making d) are to make



Grammar 2

1. I looked for my book everywhere, but.............find it.
   a) can't b) couldn't c) didn't able to d) could
2. I'm afraid I……………... come to the party on Friday.
   a) am not b) am not able c) won't have to d) can't
3. Ahmad might……………to come tomorrow.
   a) be able b) is able to c) can d) ought
4. Father has travelled a lot. He……………speak five languages.
   a) must can b) can c) can be able to d) could
5. I didn't know where Sally was, but I…………find her in the end.
   a) managed to b) was able c) could d) can
6. What's that dark thing in the sky? - It.……………be a bird or a small plane.
   a) must b) ought to c) was able to d) could
7. The fire spread quickly, but everybody………………..escape.
   a) managed b) could c) was able to d) could have
8. She……………Law, but she preferred to become a nurse.
   a) might have studied b) could have studied c) could study d) shouldn't have studied
9. I am so cold. I…..............move my fingers.
   a) couldn't b) won't c) must d) can't
10. They didn't want to come at first, but we………………persuade them.
    a) were able b) succeeded in c) could d) managed to
11. You…………go the party if you are busy.
    a) mustn't b) have to c) don't have to d) must
12. I promised my cousin I'd call her tomorrow. I………………..forget.
    a) don't have to b) should c) mustn't d) needn't to
13. I………………say anything, so I kept quiet.
    a) didn't have to b) don't have to c) had to d) needn't have
14. You……………work such long hours or you will be ill.
    a) shouldn't b) needn't to c) must d) have to
15. He……………stuck in traffic but I am not sure. It's not his usual.
    a) must have got b) might have got c) can't have got d) should have got
16. What………………I have to do to get a new driving licence?
    a) don't b) does c) am d) do

17. There were no clouds in the sky and they……………see all the stars
    a) could b) might c) able to d) can
18. I………go to that restaurant because it was too expensive.
    a) can't b) didn't have c) couldn't d) wasn't able
19. You were Lucky. You……………..been hurt.
    a) must have b) could have c) should have d) can't have



20. She……………….pass the exam, even though she hadn't studied much.
a) was able to b) could c) managed d) is able to

21. We wanted to go to the concert, but we…………get tickets.
a) could b) had to c) weren't able to d) shouldn't have

22. YOU…………..-park there. It says 'No Parking'
a) mustn't b) shouldn't c) don't have to d) must

23. I have to do my homework. This means…………
a) It's a good idea to do this. b) There's a chance that this will happen.
c) It's possible to do this. d) This is something that's necessary to do.

24. Have you……………..about planting some trees in front of your house?
a) considered b) thought c) remembered d) planned

25. I don't know what to buy mum for her birthday.
a) Why not get her a perfume? b) Why not getting her a perfume?.
c) Why not to get her a perfume? d) How about get her a perfume?

26. Have you…………….about buying a new car?
a) suggested b) considered c) thought d) thinking

27. Have you considered……………..as a journalist?
a) work b) to work c) worked d) Working

28. If you are interested in losing weight, you…………….try this new diet.
a) could b) mustn't c) don't have to d) had to

29. ………………you come to the Opera with me? I have a spare ticket.
a) Let's b) Why don't c) How about d) What don't

30. Why don't we go shopping? This sentence is a kind of a/an……………..
a) regret b) inquiry c) suggestion d) request

31. What about………………in some social activities?
a) participate b) to participate c) to participating d) participating

32. We are going to amusement park, Have you…………..joining us?
a) considered b) thought c) denied d) accepted

33. …………………try the new restaurant everyone is talking about?
a) Let's b) Shall we c) Why we don't d) I suggest

34. You………………do sport if you want to be healthier.
a) couldn't b) think about c) were able d) could

35. She suggests………………meditation to relieve stress.
a) trying b) to try c) try d) to trying

Unit 3

Beyond imagination

prepositions



v. & n. & adj. & adv.

prefixes & suffixes

Synonyms & Antonyms

3rd Sec

Mohamed Salah



Vocab

Unit (3)

Beyond Imagination

Vocabulary

Surround	يحيط بشخص/ بشئ	Implement	ينقذ-يطبق-يجري
Speaker	سماعه/ مكبر صوت	Inconvenient	غير مناسب/غير مريح
experiment(v/n)	يجرب /تجربه	mass-produced	منتج بكميات كبيرة
Process	عمليه	Spectacularly	بصوره مذهله
approach	أسلوب-نهج-طريقة	artificial intelligence	ذكاء اصطناعي
drugs	أدويه-عقاقير	Treatment	علاج
operation	عمليه جراحيه	Sensor	جهاز استشعار(مستشعر)
surgeon	طبيب جراح	Immersive	اندماجي
surgery	عمليه جراحيه	Accurately	بدقه
planet	كوكب	Robot	الربوت(الانسان الالي)
astronaut	رائد فضاء	creat opportunities	يخلقب فرص
astronomer	عالم فلك	an a bigger scale	علي نطاق أوسع
spacecraft	مركبه فضائيه- سفينه فضاء	on sale	تخفيضات
uniquely	بشكل فريد	on balance	اجمالا- أخذ كل شئ في الاعتبار
autonomously	تدار علي نحو مستقل	high-tech robot tutor	معلم ألي
smart trainers	حذاء رياضي ذكي	Immerse	يندمج في-ينقع شئ

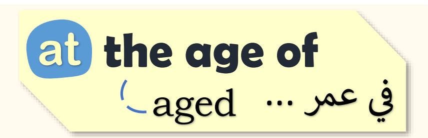


Synonyms and antonyms

Word		Synonyms	Antonyms
Convenient	ملائم/مناسب	Suitable/appropriate	Inconvenient/inappopiate
Practical	عملي	Workable/applied	Theoretical/impractical
Surround	يحيط	Encircle/enclose	Let go/release
Implement	يدخل حيز التنفيذ	Put into effect/carry out	Delay/hinder
Competitive	تنافسي	Cheap/reasonable	Noncompetitive/expensive
Obvious	واضح	Clear/apparent	Vague/obscure
Addicted to	مهووس ب/مدمن ل	Accustomed to	
Distant	بعيد	Far away/remote	Near/close
Potentially	من المحتمل /ربما	Possibly/perhaps	Actually/certainly
Permanent	دائم	Everlasting/constant	Temporary/impermanent
Essential	اساسي/جوهري	Vital /necessary	Inessential/unnecessary



أبعد من / تفوق الخيال
imagination
أبعد من
Beyond
compare
يَفوق المقارنة
وراء
بعيد عن المنطق
reason
impression n. الإنبهار
impress v. يُبهِر
impressed مُنبَهر
impressive مُنبَهِر
decade (10 years)
عقد الثلاثينات
in the 1930s
surroundings البيئة
Surround sound
uses Fanta sound
Fantasia n.
invention
54 speakers
expensive to implement
on a big scale
علي مستوي ضخم
feel like you're surrounded by sound
مُحاط بالصوت
immerse the audience
يُدمج الجمهور
Dolby Stereo invention
5 basic speakers
used spectacularly
بشكل مذهل
expensive & inconvenient
غير ملائم
convenient ملائم
immersion n. الأنغماس / الإندماج
immerse v. يغمس
immersed مُندَمج
immersive يساعد علي الإندماج
a whole new approach
illustration n. توضيح
illustrated book which had speakers hidden inside
instead of speakers
paper
count. a / s
جريدة
uncount. a / s
ورق
process v. تجهيز
- processing data
process n.
natural photosynthesis process
education process
printing process
print rolls of paper
can be mass produced
أنتاج كمّي
mass production n.
for advertising & packaging
360-degree paper
two-million dollar
competition n. منافسة
compete v. ينافس
competitive adj. منافس
- at a competitive price
19



- **astronaut** رائد فضاء
- **astronomer** عالم فلك
- **astrologer** مُنجم
- **astronomy** علم فلك

curiosity n. الفضول

Curious adj. مراهقين
teenagers فضوليين

Why has nobody found any life outside of Earth? burning ques. أسئلة مُلحّة

astronomers are **constantly** searching
= permanent دائم
≠ temporary مؤقت

- essential أساسي
- unessential غير أساسي

find out about يعرف المزيد عن ...

planets كوكب
Solar system المجموعة الشمسية

If such a planet **exists** v. — existence n.
it **will** be outside our solar system

- *we average about 1 million-viewer.*

on average n/v. في المتوسط

freeze v. يتجمد
frozen مُتَجمد
freezing مُجمد

go down ينخفض

survive ينجو / يعيش
these **extreme** temperatures درجات حرارة قارصة

Once we conquer Mars يغزو
it **will** be easier to **expand into the universe beyond** ما وراء الكون

earthquakes زَلَازِل

technology

do / cause damage to individuals أفراد / organisations مُنَظمات
uncount. يسبب دمار
- **damages** count. تعويضات

= pirate
hack يَخترق
hacker مُخترِق

dangerous
from danger خَطَر
escape يهرب
to safety أمان
safe

يَبقى علي إتصال مع
keep in contact with
= keep on touch with

positive *negative*
make a comment يكتب تعليق (سلبي/إيجابي)

addiction n. الإدمان
addict v. يدمِن
addicted مُدمِن

Medical department القسم الطبّ
treatments & **cures** for diseases علاجات للأمراض



- likely محتمل
- potentially

surgery n. الجراحة
- surgeon طبيب جراح
- surgical جراحي
  - *surgical instruments*

take a new approach
ياخذ نهجاً جديدًا

Special
- speakers
- square cinemas
- cameras

feel using **smell, rain, wind**

the film felt you were **surrounded by snowy mountains**.
تشعر كأنك محاط بالجبال التلجية

الذكاء الإصتناعي
AI **Artificial intelligence**
intelligent **adj.** ذكي

Factories → **build cars & machines** — *robot*

work used to be done by workers
→ **Now is done by computers**

Computers
- In the next few decades — *replace* **office workers & shop assistances**
- **Self-driving cars** — *replace* **traditional cars**
  - *driverless* بدون سائق

open for **24 hours**

knows what you are **interested in**

tell factories to make things for you
→ no need to **mass-produced**

replace v. يبدل
- **replacement** n. بديل
- *alternative* =

communicate
- communication n. التواصل
- **with** s.b .... يتواصل مع
- s.th **to** s.b .. يوصل .. ل ..
- **in** language
  - *communicate in many languages*

- **Thanks to** .. بفضل
- **Thanks for** .. شكرًا علي



EXERCISE

1- Choose the correct answer from a,b,c or d:

1. He was totally …………In reading and forgot everything else.
a) submerged b) surrounded c) interest d) immersed
2. "Man is known by his company." So let positive people………..you.
a) round b) surround c) ring d) circulate
3. He bought a set of computer……….. to enjoy Listening to music.
a) speakers b) keyboards c) cassettes d) screens
4. He is reputed to be the best dental…………. in the whole country.
a) engineer b) lecturer c) surgeon d) sergeant
5. Salah volleyed the ball……………..into the far corner of the goal.
a) increasingly b) awfully c) enormousLy d) spectacularly
6. Unlike humans, ...…….. never get tired while performing their function.
a) physicists b) robots c) nurses d) athletes
7. The government has…………..a series of economic reforms.
a) implemented b) carried c) immersed d) played
8. The coach took a different…………..to attack in the second half.
a) technology b) method c) approach d) style
9. The athlete was excluded from the Olympics for failing passing out-of-competition…………..testing.
a) drag b) drug c) medicine d) drudge
10. Some people oppose………………on animals believing they've rights Like man.
a) examining b) checking c) experiencing d) experimenting
11. The doctor decided that the child needed an urgent……………on the leg.
a) process b) task c) operation d) mission
12. Machines with…………………intelligence are programmed to mimic humans.
a) robotic b) artificial c) intrapersonal d) technical
13. "Don't worry! Your child is responding well to the……………..-" he said
a) treatment b) behaviour c) management d) diagnosis
14. The car has a built-in…………… that monitors the engine temperature.
a) sensing b) compass c) accelerator d) sensor
15. His past experience made him…………… suited to direct the company.
a) particularly b) negatively c) uniquely d) singly
16. Goods made in quantity often by assembly-line techniques would most likely be……….
a) mass-produced b) hand-made c) Locally-made d) massive production
17. The new generation cars will be driverless; they………..run.
a) one at a time b) by oneself c) without fuel d) autonomously
18. Passengers wearing smart feet…………....don't have to buy tickets.
a) gloves b) trainers c) hennas d) practices



19.One thing a robot class……………excels in is that it doesn't get stressed

a) tutor b) lecture c) governess d) Learner

20.By using telescopes,…………can study different universal phenomena.

a) astronauts b) astronomers c) ecologists d) astrologers

21.A wise says" There is no ………………B. We have to take care of our earth"

a) planet b) Mars c) sun d) plant

22.\The article……………… reflects public opinion.

a) for a fact b) interestedly c) accurately d) to be honest

23.The internet's some pros and cons…………. It is a mixed-blessing.

a) On balance b) Eventually c) Finally d) On display

24.Mr. All excused his guest that he shouldn't have dropped in. We get that…………

a) Mr. Ali's guest called him first. b) The time of the visit was inconvenient.

c) Mr. Ali wasn't at home. d) He was inhospitable man.

25.They are expanding their project on a bigger.......……

a) level b) distance c) scale d) balance

26.The major challenge for…………..up in space is the zero gravity.

a) astronomers b) robots c) astrologers d) astronauts

27.Ageing is a natural…………which we can't avoid.

a) process b) progress c) development d) operation

28.The clothes shop is…….; you can one and get two for the same price.

a) for sale b) on sale c) in sale d) off sale

29.The President has announced a plan to………..new jobs. Which of the following verbs best goes together with jobs?

a) make b) replace c) retrain d) create

30.She immersed herself in reading the novel. The best adjective to describe "immerse' is…………

a) immersion b) immersive c) immersing d) immerses

31.That film takes us to a world ...……… imagination

a) over b) beyond c) between d) behind

32.Our teacher told us to think …………..about the exam.

a) deep b) exactly c) deeply d) hardly

33.Robots cannot …………..teachers in their work.

a) replace b) recharge c) employ d) take place

34.Astronomers think that our planet is the centre of the…………..

a) galaxy b) universe c) international d) continent

35.It's sale season that's because there are in…………. messages.

a) ape b) app c) asp d) e-mail

36.The sniper can shoot the target with a strong………..

a) exactly b) correctness c) accuracy d) d-carefulness

37.The doctor asked the nurse to ..………..the patient's oxygen level.

a) inspect b) investigate c) observe d) monitor

38.Now entering her seventh…...., she has been alone since her children got married.

a) millennium b) decade c) hundred d) thousand



39. Don't jump the……………....? - Take your turn like everyone else!
a) queue b) row c) train d) chain
40. The school has a……..... Library that help us read e-books on tablets.
a) high definition b) out-of-date c) new fashion d) high-tech
41. The internet has completely…………the way we communicate.
a) revised b) transitioned c) transformed d) remodeled
42. We all look for permanent happiness. The synonym of "permanent" is……….
a) everlasting b) b- temporary c) impermanent d) temporal
43. ……………is a series of steps leading to producing something.
a) Process b) Implement c) Perform d) Cope
44. Medicines or things that make medicines are…………
a) substances b) herbal c) drugs d) formula
45. The film has won praise from…………and critics alike.
a) advertisers b) presenters c) audiences d) viewers
46. My father bought me a/an ………..... dictionary with pictures of words.
a) illustrated b) illustrator c) cataloque d) paintinas
47. The ……….... speaker is made of paper with a 360-degree sound experience.
a) wireless b) sound bar c) headphones d) T-ring
48. This debate is reviving ..………….questions about global warming.
a) burnt b) burning c) answering d) heating
49. Deserts animals and plants …………..on very little water.
a) survive b) go the limit c) comeback d) revive
50. The colorful ……......... of many candy bars attracts the eyes of children.
a) put in order b) packing c) form d) packaging
51. Television ……....persuade us to buy things we don't need.
a) adverts b) serials c) signals d) screens

Unit 4

Taking care of ourselves

prepositions



v. & n. & adj. & adv.

prefixes & suffixes

Synonyms & Antonyms

3rd Sec

Mohamed Salah



Unit (4)

Taking care of ourselves

Vocabulary

Burnout	ارهاق-انهاك	mental health	الصحة النفسية
Exhausted	مرهق-متعب	cope with	يتكيف مع-يتعامل-يواكب
Promote	يدعم-يرتقي	well-being	سعادة-رفاهيه-صحة جيدة
time management	ادارة الوقت	Improve	يحسن-يطور
self-care	العناية بالنفس	Stress	توتر-ضغط عصبي-قلق
Alter	يغير-يتبدل	Scold	يعنف-يوبخ-يؤنب
clear off	يخلي مكان-يرحل	Suppose	يفترض
Frown	يعبس في وجه شخص (يكشر)	Pout	يظهر غضبه
Positive	ايجابي	Unhealthily	بشكل غير صحي
Experience	يجرب-يشعر-يحس	Frustrated	محبط-مستاء
do perfectly	يؤدي شئ ما علي اكمل وجه	Control	يتحكم-يسيطر
Perception	ادراك -فهم-وعي	take responsibility	يتحمل المسؤولية
Interact	يتفاعل مع	the whole creation	كل الخلائق
Perfectionist	شخص يدعو للكمال	in order of priority	حسب الاولوية
on the downside	علي الجانب السلبي	Contagious	معدية



Chapter 3&4

that's your lot	لن تحصل علي المزيد	skin	جلد	expectations	امال/توقعات
gloomy	كئيب	argument	جدال/خلاف	Nasty	قذر/سئ
spider	عنكبوت	realise	يدرك	Scared	مرعوب
Web	شبكة	my heart was set on	قلبي متعلق ب	Worth	يستحق
apprentice	صبي/متمرن	proof	دليل	Effort	مجهود
put a finger on	يحدد	upset	مستاء	celebration	احتفال
apprentices ship	تدريب	property	ملكيه	Private	خاص
wrap	يغلف/يلف	from now on	من الان فصاعدا	Dusty	مغبر
pale	شاحب	suspect	مشتبه/يشتبه	Lawyer	محامي
elderly	كبير السن	hammer	مطرقه/يطرق		

Synonyms and Antonyms

Word		Synonyms	Antonyms
Promote	يعزز-يشجع-ينمي	Support/encourage	Discourage/hinder
Well-being	سعادة-رفاهية	Luxury/prosperity/comfort	Ill-being/sadness
burnout	ارهاق-انهاك	Exhaustion/tiredness/weariness	Refreshment/comfort
exhausted	مرهق-منهك	Tired/wron out	Energetic/unexhausted
Cope	يتكيف مع-يتعامل	Adapt to/deal with/handle	Avoid/neglect
improve	يحسن-يطور	Get better/develop/upgrade	Worsen
frustrated	محبط-مستاء	Disappointed/ dissatisfied	Satisfied/pleased/content
Urgent	عاجل-ملح	Pressing/ important	Unimportant
perfectly	بشكل-مثالي	Correctly/ideally	Imperfectly/badly
experience	يمر ب- يجرب	Go through/test/try out	Avoid/abandon
upload	يرفع-يحمل علي الموقع	back up /send/ Transfer data	Download
manage	يدير-ينظم	Run/direct/organize	Mismanage
priority	اولوية	Prime concern/primacy	Least important thing/equality
external	خارجي	Foreign/exterior/outward	Internal/inner/ Interior
frown	يعبس-يكشر	Pout/scowl	Smile
Scold	يعنف-يوبخ-يؤنب	rebuke	Praise



spend time money + ing
very tired = feel exhausted
exhaust v. يستنفذ n. عادم
stop doing hobbies
• activities
• interests
become ill more often than usual
as a result can't live their lives normally
- experience burnout
v يجرب
experience n
count. تجربة حياتية
an / s
uncount. خبرة
an / s
a mental health problem where you can't do anything as you're tired and stressed
Burnout
is caused by
the result of
poor time management
take
make
a choice
a decision
lose control
under
pressure n /v. ضَغط/يَضغط
pressurize v.
press v.
the press الصحافة
so much pressure to do things perfectly adv.
perfect adj/v. ممتاز/ يتقن
perfectionist شخص ممتاز
- under stress n. - stress on v.
stress n/v. إجهاد/يؤكد
stressful مُجهِد
stressed مُجهَد
suffer headache
pain head
neck
find ... difficult to inf
in order to
improve يُحَسّن
promote v.
promotion n. تَرقِيّة / دَعَاية
mental health
self-care
do sports
do activities
increase well-being
صحة و هناء
stand up
stretch
take a rest every 25 min.
reduce burnout
produce endorphins
do exercise on regular basis
reduce stress
Studying Tips
Divide things into categories
avoid eating unhealthily
Using system
important
things must be done
urgent
things that can't wait



تخيل
بعدهم ?
Imagine
If
Supposing
Suppose
ينهمر بشدة
the rain comes pouring down
Will it clear off ?
ينصرف / ينتهي
scold v. يوبخ
angrily critizes someone
push your lower lip
يبوّز / بوز pout
n./v.
frown at v. يكشّر
angry expression moving eyebrows
أفعل ما بوسعك
do the best you can
alter
= change يغير
= modify يعدل
= turn يبدل
counsellor مستشار
give advice
write down a list يكتب قائمة
in order of priority يترتيب الأولويات
keep up with informed about يواكِب
current affairs الأحداث الجارية
can cause stress anxiety
• constant ثابت
• constantly دائمًا
= continously
= permanent
a little bite extreme soultion
avoiding the news completely
• on the upside
• advantage
• pros • merit
• on the downside
• disadvantage
• cons • demerit
reduce stress & anxiety
generally, feel better
to conversations
not able to contribute
feel left out مُستَبعَد
psychologist spoke about this issue
قضية / مشكلة
take a break
limit the amount of time reading news
interact with positive news sources
get out into nature
spend less time on screen
more time face to face


get to home
يصل ألى
get to
يصل ألى ...
get to bed
يذهب للنوم
stay up
يَسهَر
look like
يبدو
look
n. مَظهَر
for
يَبحَث عن ...
at
ينظر ألى ...
after
يعتَني ب ...
into
يَبحث في ...
get the best grades
درجات
graded
مُدَرَج
goal
n.
غاية / هدف
decide on a goal
carry on
+ ing
keep going
يستمر / يكمل
even if
حتى ولو ...
even though
alert
إنذار
alarm
suffer from
يعاني من ....
يوفر وقت ل ...
make
spend
time
for
on
homework
activities
يمضي وقت علي ...
notice
v.
note
ملحوظة
n.
have control on
deal
cope
with
adapt
to + ing
يتأقلم مع ...
come
get
together
meet
up
يلتقي / يتقابل
focus on
يركز على ...
concentrate
identity
هوية
identify
v.
يتعرف علي
identification
n.
observe
يلاحظ
realise
يدرك
recognise
يتعرف علي شخص
contagious
مُعدي
infectious
sell
يبيع
active
passive
يحقق مبيعات
active
passive
be your normal self
يكون علي طبيعته



Choose the correct answer:

1. Fitness and mental ....are too important to ignore.
a) well-armed b) well-used c) well-being d) well-balanced

2. It's important to keep work-life balance to avoid having……….
a) exhausted b) burnout c) depressing d) powerful

3. Taking a bath is a…………..activity during hot weather.
a) self-care b) self-rule c) self-respect d) self-image

4. He returned home extremely……………throwing himself on the bed.
a) burnout b) refreshed c) tired d) exhausted

5. The state should do more to ………………sustainable tourism.
a) publicize b) advertise c) promote d) decline

6. The state widened the road to ..…………..the increase in traffic.
a) cope with b) swallow c) keep going on d) take in

7. Stress has an effect on both your physical and…………..health.
a) fictional b) medical c) brain d) mental

8. The police told the onlookers to go away so that doctors could do the work Which phrasal verb gives the same meaning as "go away"?
a) turn off b) clear off c) kick off d) sign off

9. Good time...………..improves work-life balance and reduces stress.
a) direction b) availability c) management d) administration

10. Extreme....................had driven her to a nervous breakdown.
a) pleasure b) stress c) suppose d) weather

11. The course teaches the participants how to…………….with autism.
a) interact b) distract c) connect d) touch

12. It's better to remain…………… When you face life's difficulties.
a) negative b) optimist c) positive d) frown

13. Nothing cares! Don't………………and cheer up.
a) worried b) mouth c) smile d) frown

14. "You should never have done that," she…………
a) promised b) scolded c) encouraged d) threatened

15. ………………you lost your money while travelling. What would you do?.
a) impose b) mean c) Suppose d) surprise

16. Teaching can be stressful, and many teachers ………….tiredness.
a) experience b) survive c) practice d) experiment

17. We need to increase the public's……………that education is an investment.
a) conception b) perception c) awareness d) viewpoint

18. The child……………… her lips and started to cry.
a) developed b) raised c) frowned d) pouted

19. Nothing can……….. the fact that I am to blame.
a) alter b) modify c) charge d) void

20. She does her duties ……………that's why all people admire her.
a) badly b) imperfectly c) perfectly d) recklessly

21. He is a little bit of a ………………He likes everything to be just right.
a) defeatist b) formalist c) pessimist d) perfectionist

Final Revision



22. When someone can't…………….a situation, they may get stressed.
a) surround b) control c) experience d) make
23.Many fast foods still have……………..high levels of salt and fat.
a) unhealthily b) beneficially c) healthily d) typically
24.She tried to answer the question but in vain. She really felt………….
a) determined b) satisfied c) frustrated d) optimistic
25.Don't come near me. I might be………….
a) infectious b) contagious c) poisonous d) spreading
26.On the …………..this car does not have much trunk space.
a) side road b) average c) opportunity d) downside
27.His health has…………. since the operation.
a) improved b) upgraded c) developed d) increased
28.You need to take responsibility for the things you can control. underlined collocation is closest in meaning to…………….
a) allow b) decide c) be in charge of d) make
29.The play continues to entertain audiences 25 years after its………….
a) production b) creation c) invention d) discovery
30.He wrote down the important tasks at the top of the to-do List. Means the tasks were put ..………….
a) in order of priority b) upside down c) at the bottom of the list d) according to the quality
31. A wise says" Never forget to smile; always forget to…………..'' Which one gives the opposite of "smile"?.
a) satisfy b) burnout c) frown d) upload
32. Working under stress he can't do his job well. In such a situation hefailed to…………….his job.
a) frown b) support c) get on welL d) cope with
33.The patient is in urgent need of blood transfusion. It is a……………matter.
a) unimportant b) trivial c) pressing d) unnecessary
34.Students suffer burnout after exams. The synonym of "burnout" is.………….
a) exhaustion b) tiredness c) refreshment d) both a & b
35.The president states that we don't accept any foreign interference in our internal affairs. The opposite of internal is…………
a) interior b) external c) aboard d) local
36.Due to the rise in prices, the well-being of most families is at stake. The synonym of "well-being" is…………
a) poverty b) demands c) discomfort d) welfare
37. Take a break from your …………..workload and meet friends.
a) interesting b) amusing c) stressful d) comforting
38.Stressful situations have a big…………. on our well-beings.
a) impact b) impression c) affect d) benefit
39.You should take a…………….break between study sessions.
a) five-minutes b) fives-minute c) five-minute's d) five-minute
40.He hasn't said he'll win, but he's quietly…………he can do it this time.
a) confident b) reliant c) surely d) convinced



41.You should read the newspapers to keep abreast of current…………

a) affairs b) happenings c) dealings d) receptions

42. There's a lot of ………………among the staff about possible job losses.

a) impatience b) anxiety c) peace d) easiness

43. Having no one to look after her, she had to go into an old....……….. home.

a) peoples b) people's c) peoples' d) people

44.Ask your parents if you can join an after-school…………. Like soccer.

a) sport team b) sports' team c) sport’s team d) sports team

45. Let's focus on the key .....……….of the debate and not get sidetracked.

a) issues b) subjects c) matters d) titles

46. She was frustrated to learn that her birthday party was put off. A synonym of "frustrated" is ……………

a) relaxed b) confident c) satisfied d) disappointed

47. I am exhausted from the day's work. The synonym of "exhausted" is………….……

a) relaxed b) tired c) annoyed d) cheerful

48. She frowned at me. This shows that she was,………….

a) exhausted b) contented c) annoyed d) at ease

49.He answered every question perfectly. The antonym of "perfectly" is by adding the prefix……………

a) dis b) un c) mis d) im

50.Desert plants can cope with extreme heat."Cope with" convoys thesame meaning as…………….

a) can't adapt to b) are unable to survive in c) deal successfully with d) fail to deal with

51.Osama burnt………………after working for many months without a break.

a) down b) off c) out d) Up

52.You should concentrate…………more your study.

a) with b) in c) at d) On

53. Extinct animals didn't adapt……………. changing environments.

a) to b) at c) with d) on

54.………………..is taking care of your body and how you feel.

a) Well-being b) Self-care c) Cleanliness d) Courage

55.………………..is the state of feeling healthy and happy.

a) Disease b) Well-being c) Self-care d)Strong





Unit (3)

Vocabulary

1. A……………is a device through which sound is heard.
a) CD b) speaker c) flash memory d) screen
2. The professor uploaded a(n)…………. recording of the lecture.
a) solo b) photo c) audio d) written
3. We can recycle old books. Which of the following can replace "recycle'?
a) redesign b)reuse c) rewrite d) reheat
4. A complete trip around the edge of a circle is 360……………..
a) marks b) centimetres c) grades d) degrees
5. Walt Disney's………………..is a masterpiece of sight and sound.
a) fantasia the Martians c) interstellar d) star wars
6. The timing of the meeting is convenient. A synonym of "convenient" is……….
a) inconvenient b) suitable c) unsuitable d) inappropriate
7. This post requires practical experience. An antonym of "practical' is.…………
a) applied b) workable c) functional d) theoretical
8. We Live in a competitive world. The antonym of "competitive" is by adding the prefix………..
a) un b) dis c) non d) mis
9. The answer to this question isn't obvious. This means the answer is………..
a)obscure b) apparent c) clear d) easy
10. To………….is to involve yourself deeply in.
a) submerge b) implement c) immerse d) share
11. When something causes difficultly or problems, it is…………
a) immersive b) easygoing c) cheerful d) inconvenient
12. Some cultures have superstitions related to the………….. eclipse
a) sunny b) sun c) solar d) sunniest
13. Water covers a large proportion of the earth's………………
a) surface b) layers c) atmosphere d) cover
14. This month's temperatures reached high………… ever.
a) standards b) averages c) scales d) records
15. Driving over the speed limit could..…………cause a car accident.
a) more and more b) potentially c) partially d) probable
16. Egypt is taking steady steps to ..…………into African markets.
a) extend b) contract c) expand d) arrive



17.HD televisions make you enjoy …………..digital surround sound.
a) fantasy b) podcast c) deadly d) Dolby

18.Due to technology, the world is ………….changing.
a) back to back b) constantly c) once a day d) never

19.He made up a story to justify his coming late. The phrasal verb "made up" convoys the same meaning as ..…………
a) invented b) Listened to c) read d) was told

20.Organ transplant was controversial when first …………
a) produced b) considered c) introduced d) thought

21.Oh! What a terrible winter night. It is a(n)…………….cold night.
a) totally b) exciting c) immersive d) freezing

22.Followers of her Instagram page are young people in their mid……………
a) eighties b) teens c) studies d) infancy

23.Watching the match on an 8k screen makes the …….….... experience real.
a) looking b) vision c) visual d) viewing

24.Many animals have ……………..to adapt their new surroundings.
a) evolved b) extinct c) expanded d) died out

25.There is a Lot of……………..going on in the artificial intelligence.
a) invention b) innovation c) fiction d) discovery

26.The development in communication is related to……………..technology.
a) spacious b) space c) extent d) distance

27.Medical………… must be sterilized before use.
a) equipment b) materials c) apparatus d) accessories

28.Headaches may be …........ signs that someone is under stress.
a) emergency b) cautious c) road d) warning

29.Success doesn't always ……………on luck but hard work.
a) based b) depend c) stand d) insist

30.The architectural…………….. of the Opera House is matchless.
a) builder b) method c) design d) performance

31.Students need to feel motivated to ………..well at school. What fits well with the adverb "well"?
a) make b) do c) ask d) feel

32.Wind can be a……………..source of renewable energy.
a) hypocritical b) imaginary c) theoretical d) practical

33.He bought a new ……………sound system for his Living room.
a) immerse b) involving c) surround d) enclosing

34.There's nothing like seeing a film on a big screen of a..……………cinema.
a) update b) traditional c) Distance d) panorama

35.There is no clear ……….that there is life on other planets
a) evidence b) prove c) guide d) reason

36.People get rid of millions of plastic bags annually. Which phrasal verb can replace "get rid of"?
a) keep up b) make up c) throw away d) use up

37.On………………paper bags contain 35 percent recycled paper.
a) average b) scale c) balance d) display



38. He gave up a/an ………….job in order to freelance.
a) insistent b) for the long c) together d) permanent

39. The temperature went down to …………….ten last night.
a) plus b) minus c) over d) behind

40. It's known that……………sports can be both exciting and dangerous.
a) extreme b) extremely c) strong d) team

41. Man landing on the moon inaugurated a new era in space…………..
a) discovery b) explanation c) exploration d) invention

42. Experts say the …………………might have found a way in through a spam.
a) craftsmen b) hackers c) programmers d) thieves

43. Most children are………………..to computer games.
a) indebted b) belonged c) using d) addicted

44. The doctors told him not to………………the screen for too long.
a) see b) sight c) face d) direct

45. Some new cars are ………………with cameras that track everything.
a) conducted b) second hand c) taking photos d) self-driving

46. Cycle ………….are for cyclist only. Cars aren't allowed.
a) paths b) lanes c) roads d) Lines

47. Using a seatbelt will reduce the likelihood of serious…………
a) injury b) care c) infection d) wounded

48. Ava …………… the task perfectly. Which of the following verbs best goes together with a task?
a) did b) performed c) made d) both a & b

49. ……………….speakers will be the future of Surround Sound.
a) Paper making b) Paper- thin c) Paperback d) Paper weight

50. The first petrol-driven car was produced as ……………..as 1883
a) Long b) much c) far back d) soon

51. He lives a conventional life. He ……………the same routine every day.
a) cross through b) through c) gives up d) goes through

52. He downloaded the.......…..to hear the first lecture of the professor.
a) podcast b) broadcast c) video d) a 4k

53. Smart…………....arms are used in cars producing factories.
a) manual b) robotic c) programming d) electronic

54. People with………….. should be careful with eating sugar.
a) diabetes b) insomnia c) depression d) arthritis

55. The hospital expert …………..could help him get back on the move.
a) transformer b) counsels c) guides d) consultants

56. I aim to finish this novel in two days; I will definitely read……………tonight.
a) farther b) further c) another d) else

57. The detectives have been ……….into the murder for over a year.
a) inquiring b) examining c) researching d) furthering

58. I've been …………....around town all morning looking for a present for Leila,
a) wondering b) spinning c) researching d) chasing



59.The strong and sharp claws help the…………….Capture prey.

a) falcon b) Owl c) Crow d) peacock

60.Young people become addicted to social media. The antonym of the underlined word is……………..

a) devoted to b) accustomed to c) keen on d) uninterested

61.Your decision is good, but it will be difficult to complement. The synonym of "implement" is…………..

a) delay b) hinder c) carry out d) stop

62.Food is essential to life. The underlined word is closest in meaning to ……

a) inessential b) necessary c) unnecessary d) needless

63.This hotel provides a good service and a competitive price. It is understood that the service at this hotel is………….

a) cheap b) expensive c) overpriced d) costly

64.practical experience is always an advantage. Which word gives the same meaning as "practical"?

a) workable b) applied c) theoretical d) both a & b

65.Amr was offered a permanent job. The antonym of "permanent" is………..

a) everlasting b) constant c) temporary d) continuous

66.Tears protect the eye from potentially harmful bodies. The underlined word can be replaced by ………….

a) certainly b) possibly c) actually d) truly

67.I'll call back at a more convenient time. To get the opposite of "convenient" we add the prefix……….

a) in b) un c) dis d) im



Unit (4)

Vocabulary

1. Anyways, be……......………I'm quite sure your effort will be rewarded.
a) ambition b) surely c) optimistic d) hopeless
2. Cactus can grow…………..in the desert.
a) normally b) usually c) gradually d) naturally
3. Omar's bad exam results made his parents frustrated. In this. situation Omar's parents weren't……………
a) annoyed b) satisfied c) disappointed d) angry
4. The teacher scolded the student for coming late. Which of the following isn't a synonym of "scolded"?
a) praised b) rebuked c) blamed d) criticized
5. Thanks to the police, the kidnapped child got……….......to his family.
a) in b) through c) back d) out
6. …………… is a situation where you can't do anything for being tired.
a) Holiday b) Burnout c) Well-being d) Self-care
7. …………..... is to deal successfully with difficult situations.
a) Match b) Manage c) Scold d) Cope
8. ……………is a feeling of being very worried and scared.
a) Stress b) Comfort c) Relaxation d) Experience
9. Living under much…………….she gave up her job to raise children.
a) power b) pressure c) gravity d) weight
10.Too much reading may give you…………….so rub your eyes in between.
a) head injury b) stomachache c) headache d) self-care
11.Drinking too much tea increases stress rather……………..it down.
a) calms b) manages c) puts d) KnOckS
12.Many textbooks have………………where students listen to podcasts.
a) movements b) activeness c) exercises d) activities
13.This singer is very popular with……………….aged over 19.
a) children b) teenagers c) Kids d) ancestors
14. Don't worry! The wound is healing…………..
a) gradually b) naturally c) typically d) normally
15. My brother has a difficult decision to…………….
a) have b) do c) make d) get
16.Fresh or dried fruit makes a more healthy………… ethan nuts.
a) snack b) Lunch c) crispy d) biscuits
17.the government is……………. strict action to stop the virus from spreading.
a) doing b) playing c) having d) taking
18. The…………..outside the shop says "No Vacancies".
a) signal b) sign c) brochure d) poster



19.Making a to-do List helps to .... your time well.
a) achieve b) have c) manage d) direct
20.We should………………our resources to achieve prosperity.
a) make an ass of b) get on with c) do our best d) make full use of
21. It's safer to……………. a copy of your files to Google Drive.
a) download b) upload c) up-to-date d) upgrade
22.He was feeling very stressed. This means he was ………..
a) sleeping early b) happy c) comfortable d) unable to relax
23.Successful people…………….only on the goal they want to achieve.
a) determined b) persist c) focus d) react
24. The police man said, "Can you……………….the thief by his picture?".
a) identify b) introduce c) help d) realize
25.I……………..I know you so well and yet know nothing about you.
a) am supposed b) seem as if c) sound like d) feel like
26.From the look on his face, we knew he got a………..of shock.
a) reflection b) performance c) reaction d) reply
27.The doctor wanted to know if I was…………of any pain.
a) aware b) awake c) awaited d) careful
28.As long as you try your………..., you are never a failure.
a) pest b) best c) Least d) well
29.Spending time with friends is among ways to…………..Stress.
a) drop b) reinforce c) enhance d) reduce
30.The so many difficulties she underwent made her show ………….. to stress.
a) availability b) flexibility c) resilience d) reliability
31.Too much stress will affect your mental and…………health.
a) physical b) Logical c) rational d) intellectual
32.Books are divided in the library into four different…………
a) authors b) columns c) categories d) readers
33. I walked up and down the aisle to…………….my cramped muscles.
a) expand b) stretch c) strengthen d) lengthen
34. Sorry to disturb you, but I have an important message. This tellsthe situation is…………..
a) inessential b) regrettable c) burnout d) urgent
35. Teachers have considerable…………….over what students learn..
a) influence b) pressure c) burnout d) stress
36. He joined the………… club wishing to take part in the Olympics.
a) social b) psychological c) reading d) athletics
37.As we..………….Life's difficulties, we may find ourselves feeling anxious .
a) come to b) face c) deal d) attack
38.His illness forced him to stop…………..his hobbies and stay in bed.
a) acting b) making c) doing d) playing
39.Everybody should be free to live their……………. as they wish.
a) Lives b) life c) careers d) conditions



40.She watched the rain……………. down the windows .
a) washing b) breaking c) falling d) pouring
41.Omar sought the student……………advice on how to deal with a bully.
a) counsellor's b) inspector's c) officer's d) Lawyer
42.The walls of the tomb are covered with drawings and……….
a) statues b) paintings c) wallpaper d) caves
43. Daily exercising and eating…………….food are keys to good health.
a) healthily b) healthy c) fast d) junk
44.Students are naturally anxious about tests.'"Anxious" here means...
a) relaxed b) optimistic c) worried d) excited
45.The first bomb………………was a false one, but the third was for real.
a) alert b) sign c) notification d) explosion
46.The group meets on a regular…………….. usually weekLy or biweekly.
a) basis b) base c) visits d) basics
47.She was taken to hospital suffering from………….
a) well-being b)self-care c) tired d) exhaustion
48.They sometimes ……………..for a quick coffee in the morning..
a) catch b) care c) meet up d) waits
49. Effectively………………..of others is achieved by being your best self.
a) taking care b) helping c) serving d) Looking
50.He isn't his normal self. This means he………….
a) enjoys himself a lot b) behaves in his usual way c) doesn't behave in a usual way d) doesn't care about life
51. The second…………..of the book flew off the shelves.
a) description b) editor c) version d) edition
52.I owe parents a deep debt of………….... for their help.
a) reward b) honour c) gratitude d) thank
53.Our teacher always has a smile on her face and......………does her best.
a) constantly b) infrequently c) gradually d) rarely
54."I'm very………….to you for all your help," she said.
a) appreciate b) grateful c) useful d) worth
55."Mo salah is in such good form that other players are struggling to………….
a) Leave off b) cut out c) let up d) keep up
56.if your teacher says Keep up the good work; you should try to…………..
a) keep working well b) do a bit more work c) stop working at all d) put yourself under pressure
57. Reading the news when it is…………..bad can cause you depression.
a) most b) mostly c) the most d) at all



Unit (3&4)

Grammars

Choose the correct answer from a, b, c or d:

1. The lady………… of the murder is thought to be innocent.
a) Suspects b) is suspected c) suspected d) was suspected

2. A: What are you doing now? B: I …..... about a math problem.
a) Think b) am thinking c) am thought d) thinks

3. Insects, diseases, or people usually………..trees, not old age.
a) has killed b) kill c) have been killed d) are killed

4. Rodayna remembers……… to her friend's wedding party.
a) to be invited b) being invited c) inviting d) to invite

5. A transmitter was found………. in the bathroom.
a) hidden b) hiding c) hide d) hides

6. "Who looks after your garden?" Which choice gives the same meaning?
a) Who is looked after your garden?
b) Whom looks after your garden?
c) Who does your garden look after?
d) By whom is your garden looked after?

7. "I have a Toyota." This means……..
a) a Toyota is had by me.
b) a Toyota is possessed by me.
c) a Toyota owns me.
d) a&b

8. "I am always chosen to represent my school. This means……
a) they always choose me to represent my school.
b) I am always choosing to represent my school.
c) I am always being chosen to represent my school.
d) My school is always chosen to represent me.

9. "Mai is helping me with the cooking.' I mean to say that……...
a) I cook on my own
b) I help Mai with the cooking
c) I am being helped with the cooking by Mai.
d) I am helped with the cooking by Mai.

10. "Esraa will give me a hand with the housework." What does this mean?
a) I will be helped with the housework by Esraa.
b) Esraa will help me with the housework.
c) I will be given Esraa's hand
d) a& b



11. "The police arrest terrorists." This means that …….
    a) Terrorists were arrested by the police.
    b) Terrorists arrest by the police.
    c) Terrorists get arrested by the police.
    d) b&c
12. "Never allow others to laugh at you." What does this mean?
    a) Don't let others laugh at you at all.
    b) Don't let others laugh at you.
    c) Never let yourself be laughed at.
    d) b&c
13. "I see this old man crossing the road every morning." This means…….
    a) I see this man by crossing the road
    b) This man is seen crossing the road.
    c) This man sees me crossing the road
    d) I cross the road every morning.
14. "I am worried that the manager will fire me." This means that………
    a) I am worried about being fired by the manager
    b) I am worried about firing the manager.
    c) I will be fired by the manager who is worried.
    d) a &b
15. The housework………… yesterday morning.
    a) does b)was done c) is done d) did
16. Mum ……… the housework yesterday.
    a) is done b) did c) Was done d) does
17. Esraa, ………?
    a) Did the cooking do b) Did you do the cooking c) Was the cooking done d) b& c
18. A: Where …….. for holiday? B: To the countryside.
    a) did you take b) you took c) were you taken d) a &c
19. Mr omar ……. in a medical center at five yesterday.
    a) is examining b) was examining c) is being examined d) was being examined
20. A famous doctor……. Mr Omar in a medical centre at five yesterday.
    a) is examining b) was examining c) is being examined d) was being examined
21. ………for you when your plane landed?
    a) Were you waiting b) Was anyone waiting c) Were you being waited d) Did you wait
22. ………. for when your plane landed?
    a) Were you waiting b) Was anyone waiting c) Were you being waited d) Did you wait



23. What……… in the office when I called? There was too much noise

a) Were you doing b) Were you c) Was being done d) a &c

24. When the last patient …………, we are going to take him home.

a) is examining b) examine c) has been examined d) has examined

25. When the doctor…………the last patient, we are going to take him home.

a) examine b) has examined c) is examining d) has been examined

26. ……… collected yet?

a) Has he been b) Has he c) Have the apples been d) a&c

27. When Ahmed ………. asked to do the shopping, he reluctantly agreed

a) had b) has c) had been d) has been

28. When mum.……….asked Ahmed to do the shopping, he reluctantly agreed.

a) had b) has c) had been d) has been

29. ……….. to the secretary before she left?

a) Had the instructions reported

b) Had you reported the instructions

c) Had the instructions been reported

d) b&c

30. How ………. to school before your father bought your private car?

a) did you take b) had you been taken c) had you taken d) were you taking

31. ……….was awarded a prize.

a)I b)Me c)My d)Mine

32. They awarded……..a prize.

a)I b)me c)my d) mine

33. This history............. by Taha Hussein.

a) has written b) writes c) wrote d) was written

34. Noha phoned me while the dinner……

a) was cooking b) cooked c) cooks d) was being cooked

35. After the house ……… painted, we furnished it.

a) had b) had been c) has been d) is

36. I don't know who the problem……….. by.

a) was solved b) Solves c) solve d) was solving

37. The first heart transplant operation …….in Britain 20 years ago.

a) was done b) was doing c) had been done d) had been doing

38. The Postman, by Yehia Hagqi, first prize…….. in 1968.

a) Awarded b) was awarded c) was awarding d) is being awarded



39. The ring………..while she was washing the dishes.
a) lost b) is lost c) was losing d) was lost

40. He ………. as parliament member.
a) elected b) was being electing c) was elected d) were elected

41. The old wallpaper…….. off the wall when we arrived.
a) will be tearing b) has tearing c) has torn d) was being torn

42. The article ……… out loud to the class.
a) has been read b) has read c) have read d) read

43. A plan to stop building on farmland …….. up by last October.
a) draws b) has drawn c) was drawing d) had been drawn

44. Salah …….. .in the match against Real Madrid.
a) was hurt b) is being hurt c) hurt d) was being hurt

45. Because of health problems, red meat ……… out of my diet.
a) had cut b) cut c) has been cut d) have been cut

46. After the engine of my old car ………, I decided to sell it.
a) repaired b) was being repaired c) has been repaired d) had been repaired

47. Our broken chairs ……. to the workshop.
a) took b) were taken c) were taking d) had taken

48. Where…….. taken to? To prison.
a) the thieves were b) the thieves have been c) were the thieves d) have the thieves

49. My brother doesn't let himself …… easily by his classmates.
a) to be teased b) being teased c) be teased d) tease

50. Having……. coldly, he got upset.
a) to being met b) being met c) met d) been met

51. When we were young, every day Sally……..by mother to serve the tea.
a) is chosen b) was chosen c) chose d) choose

52. Since the bridge…….. it will help the traffic low.
a) completed b) has been completed c) is completing d) completes

53. After the death of her husband, the poor woman was thought……..from amnesia.
a) is suffered b) to have suffered c) suffer d) to be suffered



54. I ………about the accident before you mentioned it.
 a) did not tell b) is not telling c) have not told d) had not been told

55. Our cat ………. over by a fast car.
 a) ran b) runs c) was run d) was running

56. . While …….., the interviewer asked me more than 50 questions.
 a) was interviewing b) interviewing me c) being interviewed d) was interviewing

57. I waited impatiently as the road……….
 a) was being reopened b) had been reopened c) was reopening d) had reopened

58. …….before you were accepted for the job?
 a) Had you interviewed
 b) Had you been interviewed
 c) Were you interviewing
 d) Did you interview

Necessity

1. Hazem's not here. He……………. about the meeting.
 a) must have known b) shouldn't have known c) needn't have known d) might not have known
2. We might……………..... change our plans and go to another place.
 a) have to b) will have to c) need to d) have
3. They…………....sell their car for less than what they paid for it.
 a) had got to b) have to c) had to d) must to
4. No-one is answering the phone. They…………….out.
 a) can't have gone b) might have gone c) should have gone d) shouldn't have gone
5. 'It's not recommended to go swimming after having a big meal.
 a) You don't have to go swimming after having a big meal.
 b) You're allowed to go swimming after having a big meal.
 c) You shouldn't go swimming after having a big meal
 d) If I were you, I would go swimming after having a big meal.
6. There's no hurry. You…………….that report until Friday of next week.
 a) have to not finish b) don't have to finish c) don't have to be finishing d) shouldn't have to finish
7. I'm really out of shape. I……………….going to the gym regularly.
 a) have to start b) must be starting c) has to start d) must to start
8. " shouldn't have eaten so much." This means……………
 a) I'm hungry as I didn't eat enough.
 b) It's possible that late too much.
 c) I wish I had eaten more
 d) I ate too much, but now I regret it.



9. I went to work yesterday, even though I felt ill. Today I feel even worse. I………..
a) shouldn't have stayed at home
b) didn't have to go to work.
c) should have stayed at home
d) should have gone to work

10. You might stop doing hobbies. This means………..
a) It's a good idea to do this.
b) There's a chance that this will happen.
c) It's possible to do this.
d) This is something that's necessary to do

11. These should be activities that help you forget. This means…………….
a) It's a good idea to do this,
b) There's a chance that this will happen
c) It's possible to do this.
d) This is something that's necessary to do

12. I suggest…………..dinner first, and then watching the film.
a) have b) having c) to having d) to have

13. Have you considered……………to help your community?
a) if volunteer b) to volunteer c) volunteer d) volunteering

14. A: This computer is old. B: How about buying a new one?
a) That's a brilliant idea.
b) Can't we buy a new phone instead?
c) All the best.
d) Me to.

15. Which one of the following shows giving suggestion?
a) That sounds good.
b) I have just lost my driving licence
c) We could watch a movie.
d) Do you have any ideas?

16. A: I am not good at English.B:…………….
a) Why don't you take an English course and practice every day?
b) I must take an English course
c) Do you like English?
d) I should practice English every day.

17. Shall we go to the cinema this evening?………...., I Love films!
a) Sorry, but b) I can't c) I'd love to, but d) That sounds great

18. You should………....to learn better time management skills.
a) try b) trying c) to try d) be tried

19. You could have …………… no to playing on the school basketball team.
a) Say b) said c) to say d) be said

20. Why don't you…………. some snacks with you, so you aren't so hungry?
a) take b) taking c) to take d) to taking

21. Have you considered…………….. to your family about your feelings?
a) about talking b) talk c) to take d) talking

22. How about…………… to some music to help you to relax?
a) Listen b) to Listen c) Listening d) to listening

23. You shouldn't…………..-television for so long.
a) have watched b) watch c) watched d) be watched



24.Why don't you…………….a diary to help you plan your work?
a) using b) to use c) use d) to using

25. You couldn't have ...…………..any more than you did. That was your best.
a) to do b) done c) doing d) did

26. Have you thought about…………… more exercise?
a) to do b) being done c) do d) doing

27. What about…………..with the most important things first?
a) starting b) start c) to start d) started

28. She looks tired. I think you should…………..gone to bed earlier last night.
a) has b) have c) to have d) having

29. You could…………….together and help each other.
a) be studied b) studying c) study d) to study

30. Have you considered…………....to music before going to bed?
a) listen b) to listen c) Listened d) Listening

31. You shouldn't have………………TV so late last night!
a) watched b) to watch c) watching d) been watched

36. A: "I am so thirsty." B:……………..get you something to drink?
a) Why don't b) How about Can I d) Will you

37. Why don't you………………breakfast, so you aren't so hungry?
a) taking b) take c) to take d) taken

38. Are you free this weekend? Let's……………a movie.
a) watching b) to watch c) Watch d) watches

39. I'm starving now. We could…………...fast food instead of cooking.
a) to order b) to ordering c) order d) ordering

40. What a beautiful morning! Why don't we………..-for a walk?
a) go b) to go c) going d) to going

41. You could become ill. This means…………..
a) It's a good idea to do this.
b) There's a chance that this will happen.
c) It's possible to do this.
d) This is something that's necessary to do.

42.You can control the decisions you make about things. This means…………..
a) It's a good idea to do this.
b) There's a chance that this will happen.
c) It's possible to do this.
d) This is something that's necessary to do.

43. If you hate your job, then………… you look for another one?
a) you would b) Let's c) what about d) why don't

44. ..……………buying a new car? Yours always breaks down.
a) How about b) Why don't c) Consider d) Could you

45. ……………….you considered applying for this job? it really suits you,
a) Are b) Have c) Do d) How

46. Have you considered…………….a painting class?
a) take b) to take c) taking d) to taking

47. You………………..watch that movie. It is really good.
a) should b) could to c) shouldn't d) 'd rather



48. You ……………….buy almost anything online these days.

a) is able to b) had to c) can d) should to

49. Sarah loved music. She........... play the piano well.

a) could b) can c) has to d) may

50. It's very cold today. Do you think it…………..rain later?

a) must b) might c) needn't d) has to

51. There was a small fire in the kitchen, but I……………..put it out.

a) should b) could c) was able to d) managed

You can do it.
Never give up.
It is not far.
It is yours.
Don't
Lose
It.

Believe in your god.
Believe in yourself.
You will get what you deserve.

Never worry!

What's yours is better
than
What you have dreamt of.